



Canossian Spirituality Center

5625 Isleta Boulevard SW, Albuquerque, NM 87105
Phone: (505) 452-9402 / Website: canossianspiritualitycenter.org

CALENDAR OF EVENTS / JULY - DECEMBER 2009

July

- 6-25 Canossian Sisters Retreat
- 28-Aug.1 Lay Canossians Annual Retreat

August

- 7-8 Catholic Charities
- 22 Central United Methodist Church

September

- 8 6-Week "Sabbatical Journey in the Southwest" begins
- 14-16 Workshop: "Journaling and Dreams for Spiritual Growth" - *Lydia Lennihan*
- 19-20 Weekend Retreat: "The Woman and the Sword - Journeying with Mary, Mother of Sorrows" - *Joel Giallanza, CSC*
- 21-23 Workshop: "The Interior Castle of St. Teresa" - *Joel Giallanza, CSC*
- 28-30 Workshop: "Beyond the Biography of Jesus" - *Alexander Shaia, PhD.*

October

- 3-4 Vocational Retreat / Hispanic Community
- 4-10 Silent/Directed Retreat

- 12-13 Workshop: "Spirituality of Right Relationships" - *Michael Laratonda, FMS*
- 14 Workshop: "Living with Hope/Gratitude/Joy" - *Michael Laratonda, FMS*
- 17 Human Development / Hispanic Community
- 19 6-Week "Sabbatical Journey in the Southwest" ends
- 23-25 Evangelization / Hispanic Community
- 31-Nov. 1 Leaders Retreat / Hispanic Community

November

- 6-8 Sufi Order International
- 13-14 Secular Franciscan Order
- 15 Quinceanera Retreat

December Special Event
5th, 12th, 19th
"Advent Retreat"

This series will invite people to come for 1, 2, or 3 Saturdays for input, reflective prayer, and discussion as we "wait" in the Spirit of Advent. Presenter to be announced at a later date.



Mission Statement of the Canossian Spirituality Center

The mission of the Canossian Spirituality Center is to provide opportunities for an encounter with God and to offer spiritual support. We endeavor to create an atmosphere of serene hospitality and peace, welcoming our guests as they seek a deeper relationship with God through retreat and prayer, programs of human development, spiritual growth and direction.

HOSPITALITY

We, The Canossian Sisters, welcome:

- all church groups
- schools
- religious communities
- other organizations
- private individuals

to our Center for personal and group opportunities for spiritual growth. Please call us at 505-452-9402, for availability and reservations or visit us at www.canossianspiritualitycenter.org.



Come and experience the Peace of Christ!

September 14-16, "Journaling and Dreams for Spiritual Growth" - Lydia Lennihan



In this three-day seminar, we will be exploring dreams and their meaning in our life. We will discuss dream theory based on the work of the psychiatrist, Carl Jung. This will include symbols and their importance, definitions of archetypes, patterns of dreams, and the different types of dreams.

Offering: \$245.00 - Overnight / \$145.00 - Commuter
9:15 am - 12:30 pm each day.

Lydia is a licensed clinical counselor and approved CEU provider for psychotherapists in New Mexico. She is a published writer, teacher, mythologist and speaker. She has been studying Jungian dream analysis for over 15 years and brings a wealth of experience to the class. She has a private practice and specializes in Jungian psychotherapy.

September 19-20, "Mary: Our Lady of Sorrows"



Amidst her glory as the Mother of Jesus, the life of Mary was one of both great sorrow and triumph. In this retreat, Bro. Joel will demonstrate how, through her strength in these moments, she is a model for us when our lives are consumed with grief. In

this practical and devotional approach, he teaches how Our Lady of Sorrows is also a guide for us in our own struggles, however difficult, as we aim to be closer to her Son. Offering: \$65.00, includes lunch. Saturday will begin at 9:15-4:30, Sunday is from 9:15 - 12:30.

September 21-23, "The Interior Castle of St. Terese of Avila"



During these days, Brother Joel's presentation on this well-known work will lead us to appreciate this spiritual classic and the wisdom and insights of this doctor of the church.

\$245 - Overnight / \$145 - commuter.
9:15 am - 12:30 pm each day.

"I only wish to inform you that in order to profit by this path and ascend to the dwelling places we desire, the important thing is not to think much but to love much; and so do that which best stirs you to love."

(Fourth Mansion, 1:7)

Brother Joel Giallanza, C.S.C. is a retreat master, spiritual director, parish director of religious education, member of the general council of the Congregation of Holy Cross priests and brothers. His mini-course of Saint Teresa of Avila's Interior Castle, "I Consider the Labor Well Spent," was recently published by Edizioni Carmelitane in Rome. Brother Joel currently serves as Director of the Institute of Spiritual Direction in the Diocese of Austin

September 28-30, Beyond the Biography of Jesus: Journey of Quadratos - Alexander Shaia, Ph.D.

Each of the four gospels tells a different story – and readers have struggled with the discrepancies for centuries, asking how "revealed truth" can be so dramatically inconsistent. Using his background in anthropology, art, Jungian psychotherapy, liturgy, theology and spiritual direction, Dr. Shaia will show the true purpose behind the "errors", opening the gospels to deeper meaning and practical application in our efforts to build peaceful, humane and creative societies.

Offering: \$245 - overnight / \$145 - commuter.
Retreat will begin at 9:15 - 4:30 each day.

Dr. Shaia is a noted speaker, psychotherapist, spiritual director, liturgist and founder of the Blue Door Retreat in Santa Fe, New Mexico. This workshop will be a meaningful and inspiring learning experience based on the groundbreaking material in his newly published book, "Beyond the Biography of Jesus: the Journey of Quadratos".

October 4-10, Silent/Directed Retreat



Offering: \$450.00
Massage: \$40.00 per session. Retreat begins on Saturday after dinner at 7 pm, and will end the following Saturday with lunch.

Retreatants have the opportunity to reflect, pray, and discern God's love and presence in their lives to cultivate a more transparent, intimate relationship with God. Each retreatant will have an individual retreat director for daily spiritual direction, in addition to daily Mass and massage.